

# Starter

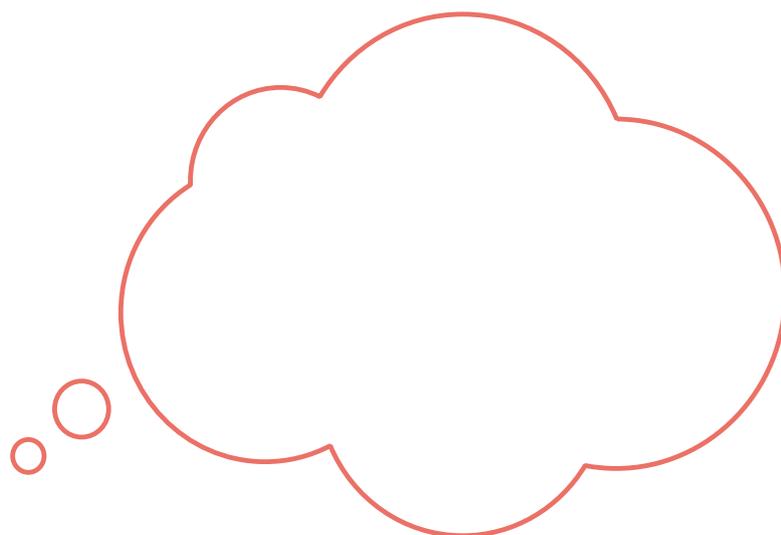
What can you see in these photographs? How can you tell that these people are friends? What are the characteristics of a positive friendship? Discuss with a partner and write your ideas below.

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# Mindmap



Questions for the video: What words does Xavi use to describe friendship? How does Xavi describe friendship? How do Xavi's friends support him?

## Features of friendship:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## My definition:

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## Signposting

If someone was having a difficult time with a friend, who could they speak to?  
Write down 3 examples:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Plenary

A positive friendship is one where... \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

A challenging friendship is one where... \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Features of Friendship – Keywords

**Trust** – being able to rely on and believe someone.

**Respect** – caring about other’s feelings, rights and wishes.

**Honesty** – being fair and telling the truth.

**Support** – letting someone be who they are and encouraging them without trying to change them.

**Kindness** – being friendly and considerate towards other people. Thinking about what makes other people feel happy or appreciated and acting on these thoughts.

**Generosity** – when someone happily shares what they have with others.

**Boundaries** – what someone is or isn’t comfortable with in a relationship and how they would like to be treated by others. Boundaries can be emotional, physical or even digital, e.g. They do feel comfortable with regular texting, they don’t feel comfortable with regular phone calls.

**Privacy** – having a right to private thoughts, feelings, or experiences without others being aware of them. The ability to share personal information without fear that it will be shared with others.

**Consent** – making sure another person agrees before doing something or their information is shared.

**Loyalty** - standing by others, even when things get difficult.

**Reconciliation** – restoring relationships after conflict. It is normal for there to be disagreements, conflict or times in a friendship where someone feels let down, so reconciliation is important in friendships.