

Café menu template

Give your pupils a copy of the following pages containing examples of healthy menu items.

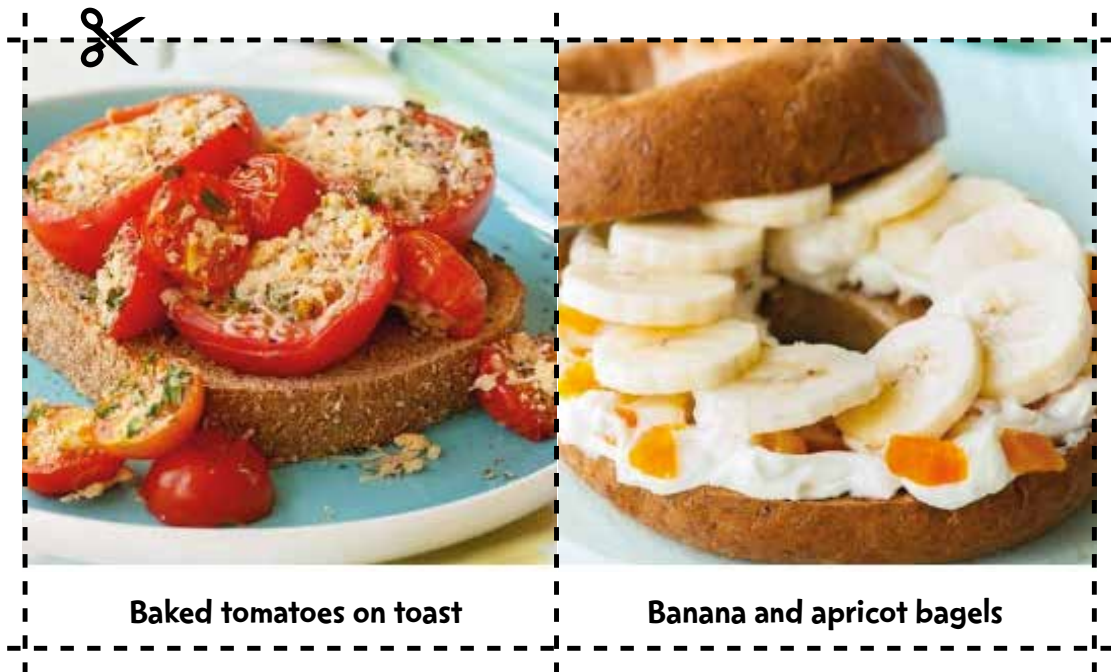
Can pupils think of alternative versions they may prefer?
For example, instead of blueberry and banana smoothie, what other fruit could they use?



To help pupils think of new ideas, ask them to look for similar pictures by searching [Change4Life](#) or the Children's Food Trust website.

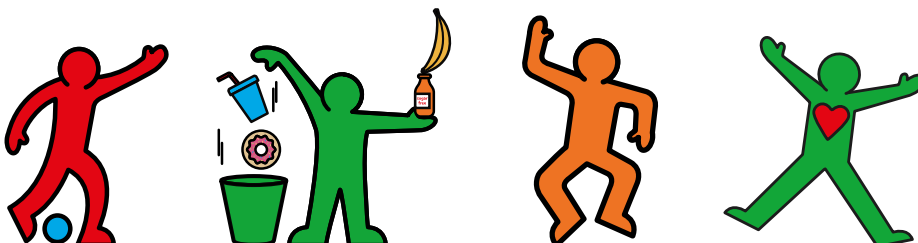
They could then print, cut and stick (or draw) pictures of their favourite items to add them to the menu template.

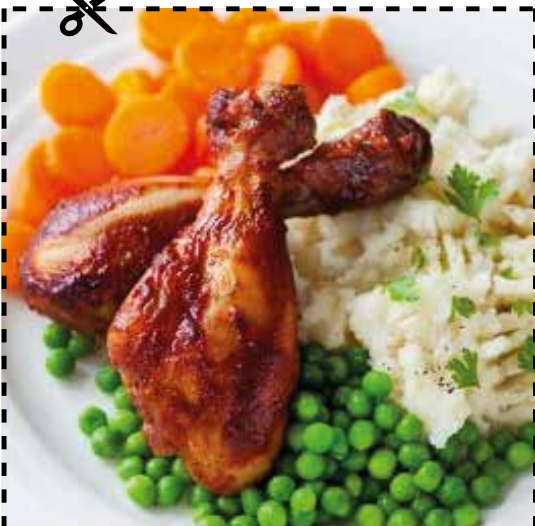
Remember to print these pages on single sides.



Baked tomatoes on toast

Banana and apricot bagels





Bang-tasty chicken drummers



Blueberry and banana smoothie



Breakfast burritos



Carrot and courgette muffins



Beefed up sarnies



Carrot and sultana drop scones

Café menu template

Name:

Class:



Breakfast

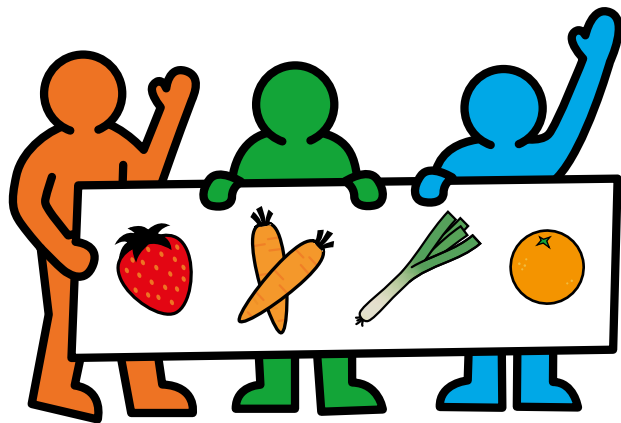
Lunch



change
4 life

Eat well Move more Live longer

Café menu template



Dinner

Dessert

