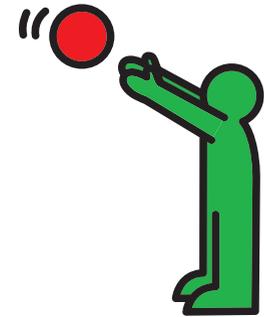




Congratulations!

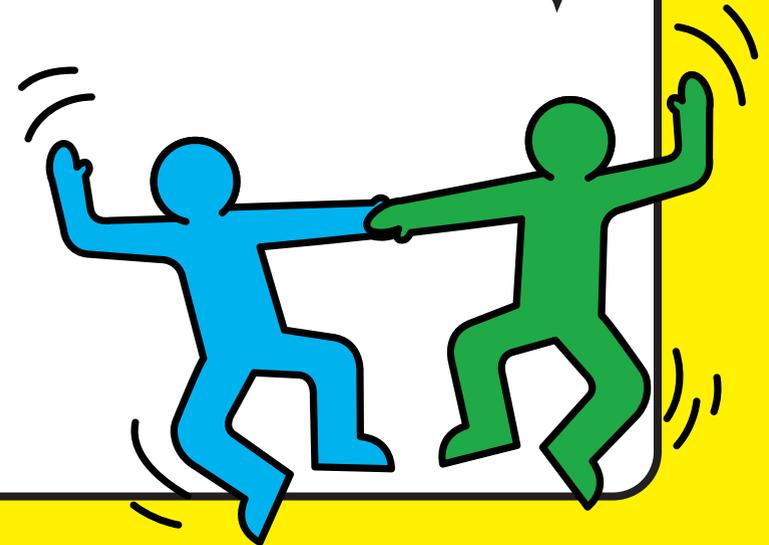
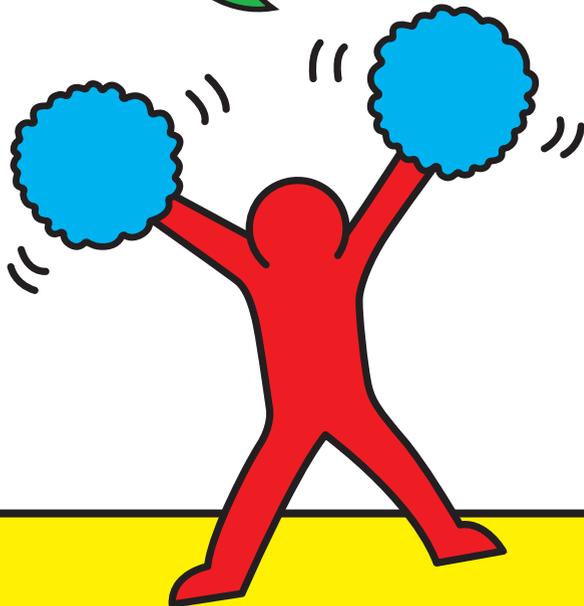


Write your name

Well done!

for getting active with
10 Minute Shake Up Activities!

You did it!



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4 life